

## Day 4

This is a suggestion of what you can do with the large fill in blocks for our lovely quilt. It's a large area so it needs quilting. If you quilt using a cross hatch design, spirelli or something similar then this template is not needed.

You can shadow quilt each star block but then you have the large blank squares in between. So I decided to add these star templates to your collection and I will show you how to use these in the video for Day 4.

Print the star templates, and transfer to freezer paper if you have some. Cut out the 3 stars and iron them or pin them onto the blank squares, draw around with a water or heat erasable pen and use these lines to quilt.

Please be aware that you can use an ordinary foot and set up to quilt these stars but consider the throat of your machine and whether it and you can manoeuvre the fabric layers. The alternative is to hand sew using the Sashiko method, that would be lovely!

*Lizzy xx*

